



For Immediate Release

Walk-ons welcome for Weekend Safety at Sea Seminar

It's not too late to join the smart sailors for the Marion Bermuda 2013 Safety at Sea Seminar this weekend, March 23-24, at the University of Massachusetts/Boston campus. Register on-site Saturday morning or go online. Details and Registration may be found at www.MarionBermuda.com

Marion, MA – March 19, 2013. Walk-ons are welcome at the 2013 Marion Bermuda Race Safety at Sea Seminar this weekend. Attendance at a US Sailing sanctioned safety seminar is required for a number of crew, skippers and watch captains in the ocean race. But you don't have to be racing Marion to Bermuda or Marblehead to Halifax or Annapolis to Newport or any other offshore race to need this course.

You could be on the return crew from Bermuda or vacation cruising offshore with your family. Safety for any sailor comes first and a safe passage is an often unspoken, but absolute priority.

The Seminar is held March 23-24 at the University of Massachusetts/Boston campus. Details and Registration may be found at www.MarionBermuda.com.

On-site registration will begin at 0700, March 23, 2013. The program begins promptly at 0730 and is scheduled to continue until 1600. Sessions on Sunday, March 24 are staggered to allow completion of the full curriculum.

What you can learn at a Safety at Sea seminar may save your best friend's life. It will help you anticipate problems and prevent them. At least, if necessary, what you learn will help you manage a crisis at sea safely. Couples sailing together should both take this course. All those sailors from the captain to the cook interested in improving their safety knowledge for long distance passage making should attend.

The agenda on Saturday, March 23, will once again be moderated by safety at sea expert, John Rousmaniere, and will include a very experienced group of speakers covering a series of topics of vital interest to all serious sailors... crew overboard recovery; communications; medical/seasickness; heavy weather; steering maintenance and repair; pyrotechnics, signaling

and life raft inflation and more. In addition to the safety topics there will be special breakout sessions for the Marblehead to Halifax Ocean Race and the Marion Bermuda Race.

Sunday, March 24 is comprised of Practical, Hands on Training Safety Seminars: Emergency Medical Care at Sea (Dr. Michael Jacobs), Understanding Weather & Gulf Stream (Frank Bohlen and Ken McKinley) and In-Water Training (Dan O'Connor/Life Raft and Survival Equipment).

About the Marion Bermuda Cruising Yacht Race Association

Since its inception in 1977, the biennial Marion Bermuda Race has been a premier 645 mile ocean race and sailing event which appeals to a broad range of cruising and racing enthusiasts. The spirit of the race is one focused on Family and Fun, and all yachts and crew are participating for the joy and pleasure of sailing, competition, and the camaraderie that accompanies such an offshore event. The Marion Bermuda Race encourages the development of blue water sailing skills on seaworthy yachts that can be handled safely offshore with limited crew. The Marion Bermuda Race is a 501(c)(3) organization and among other educational efforts, supports and encourages [Youth Sailing](#) programs. The Marion to Bermuda Race is organized and run entirely by hundreds of volunteering members of The [Beverly Yacht Club](#) (BYC), [The Blue Water Sailing Club](#) (BWSC) and [The Royal Hamilton Amateur Dinghy Club](#) (RHADC) for the Marion Bermuda Cruising Yacht Race Association.

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2011 Race PHOTOS: <http://www.spectrumphotofg.com/marionbermuda/index.html>

2011 Race Results may be found here:

<http://www.marionbermuda.com/index.php?page=results>

Website: www.marionbermuda.com

Race Forum/Discussion: <http://racetobermuda.ning.com>

BLOG: <http://marionbermuda.wordpress.com>

