

AGENDA

0700 - 0730	Registration & Continental Breakfast	
0800 - 0820	Welcome & Introduction	Allan McLean
0745 - 0830	Water Survival, Flotation Options COB Prevention & Recovery	Captain John Bonds
0830 - 0915	Boat & Crew Peparation	Howard Lapsley
0915 - 0945	Safety Equipment & Abandon Ship Procedures	Captain Henry Marx
0945 - 1015	Break	
1015 – 1045	Liferaft Inflation/Description	Captain John Bonds Captain Henry Marx
1045 - 1130	First Aid & Remote Assistance	Keith Boniface MD
1130 – 1215	Communications, USCG Rescue Capabilities & Limitations	Captain John Bonds
1215 – 1300	Lunch - Lobdell Dining Hall	
1300 – 1330	Weather for The Marine Mariner, Basics & Sources of Internet Info	Captain John Bonds
1330 - 1415	Dealing With Heavy Weather Techniques and Insights	Howard Lapsley
1415 – 1445	Damage Control	Captain John Bonds
1445 - 1500	Break	
1500 - 1530	Organizing The Crew And Maintaining Morale	Howard Lapsley
1530- 1600	Giving and Receiving Aid	Captain John Bonds
1600 -	Questions (via note cards) and Summation	Captain John Bonds and All Speakers
	Halifax Racers Go To Breakout Session – Student Center - Room 20 Chimneys	
	Marion Bermuda Breakout – Stay here	
1630 - 1745	Arriving in Bermuda and Finishing The Race Without Penalty	Charles Dunstan
	<u>Wrap up and Close</u> – Prize Drawing	Allan McLean